## **Lincolnshire County Council**



# Positive Relationships and Behaviour Policy Horizon Schools Federation

Date May 2025 Review May 2026

#### **Our Behaviour Principles**

- Our Positive Relationships and Behaviour Policy involves all members of our school community and is underpinned by a therapeutic approach to ensure that every young person is given an equality of opportunity to develop socially, to learn and to enjoy community life through the development of positive relationships and behaviours. We define this as:
  - **An approach to behaviour that prioritises the pro-social feelings of everyone within the dynamic**
- We recognise that positive relationships provide the foundations for learning and development and are crucial in supporting all children to achieve their potential.
- We have one central purpose: enabling children to learn and achieve within a safe and purposeful working environment.
- All children are valued and respected as individuals, regardless of sex, ethnic or cultural background, religious faith or special educational need.
- We endeavour to promote our children's self-esteem, whilst encouraging them to take responsibility for their learning, behaviour and environment.
- Praise and positive reinforcement are actively used.
- We make provision for children's spiritual, moral, social and cultural development through; the curriculum and life of the school, the example set for children by adults in the school and the ethos of the school which is underpinned by our school vision.
- Children, staff, governors and parents share clear objectives and goals within a climate of encouragement, support and appreciation; they have open communication and a common sense of purpose.
- We treat all members of our school community with respect, consideration and courtesy.
- Staff are therapeutic thinking trained and follow a restorative approach there is a trained therapeutic thinking tutor in school.

We support and encourage all members of our school to:

- Listen to each other.
- Treat others with respect and politeness
- Learn to resolve differences of opinion in a calm manner.
- Care for surroundings and possessions.
- Ensure that no-one is put at risk by the actions of others.
- Respect the rights of others to play/work without interference.
- Take responsibility for actions and behaviour.
- Demonstrate honesty and integrity.
- Recognise and praise prosocial behaviours.

#### Rewards

Children are rewarded by positive reinforcement and praise such as:

- Personal acknowledgement and praise from staff members
- Being encouraged to feel proud of themselves.
- Personal acknowledgement and praise from the SLT and Headteacher
- Recognition within Celebration Assembly.

#### **Expectations**

At Donington Cowley Endowed Primary School we will:

- As adults treat each other with respect at all times, therefore providing a positive role model for the children and each other.
- Support the way in which all members of this school community can live and work together in an environment that is happy, safe and secure, and where effective learning can take place.
- · Recognise prosocial behaviour.
- Provide encouragement and stimulation to all pupils.
- Treat all children fairly and apply this policy in a consistent way.
- Ensure that rules and expectations within school and within individual classrooms are purposeful and are understood by all members of the school community.
- Teach, through the school curriculum, values and attitudes as well as knowledge and skills, in order to promote responsible behaviour, self-discipline and respect for self, others and the world around us.
- Follow the Staff Code of Conduct
- All members of the school community are expected to respect themselves, each other and the school environment.
- All will walk when moving around the school to ensure safety.
- All members of the school community are expected to be punctual.
- Children should wear the correct school uniform or the correct clothing. Our uniform expectations have been formulated with the safety and well-being of the children in mind, and to enable the school to function efficiently as a place of learning.
- Apply a reflect, repair and restore approach to difficult and dangerous behaviours.

#### Bullying

At our school we define bullying as: 'Emotionally or physically harmful behaviour which is: Repetitive, wilful or persistent, intentionally harmful, carried out by an individual or a group based on an imbalance of power leaving the person who is bullied feeling defenceless'.

Please read our **Anti-bullying Policy** for further information on how our school deals with suspected incidents of bullying.

#### Note to parents:

If you are concerned about your child's behaviour – or you think your child is the victim of the negative behaviour of others:

- Listen to your child, however, be aware that there may be another side to the story
- Decide if it can be best dealt with by talking to your child and offering appropriate advice.
- If you think the school needs to know please contact your child's teacher, making an appointment will ensure that the matter can receive the best attention.
- Once you have done this, support the school in dealing with the incident please do not take the matter into your own hands.
- Please keep the teacher informed of any developments and the school will likewise inform you.

#### Behaviour

We understand that we all exhibit behaviour, either through the way we act or the things we say. At Donington Cowley Endowed Primary School, we recognise that all behaviours are underpinned by feelings and experiences remove this bit.

It is important that we understand our children as individuals in order to establish and maintain positive relationships, effectively support and promote pro-social behaviour.

We understand that at times children will display behaviour, which is difficult or, on rare occasions, dangerous and it is important that strategies and consequences are in place to respond to these and to repair, restore and learn from these situations.

Difficult behaviour- Behaviour that is anti-social, but not dangerous.

Dangerous behaviour- Behaviour which will imminently result in injury to self or others, damage to property or behaviour that would be considered criminal if the person was the age of criminal responsibility, such as racist abuse.

#### Consequences

Children need to discover where the boundaries of acceptable behaviour lie, as this is part of growing up. The class teacher will deal with minor breaches of discipline in a caring, supportive and fair manner. Each case is treated individually but children need to be made aware that they are responsible for their own actions and that these lead to consequences. Each class teacher uses a reward system within their class, appropriate to the age and stage of the children. Consequences should always be relevant, proportionate and purposeful (e.g. to be educational, to ensure safety).

Pro-Social Behaviour	Consequence to encourage
Showing effort in work/completion of work Neat presentation of work to your best ability Being in the right place at the right time Helping/supporting others in distress Good manners Good listening Following instructions first time Kindness to others Calm voice and calm body Looking after all equipment (schools, own and others), keeping the school environment tidy Show respect in personal space.	Verbal praise Messages to parents House points Mention in celebration assemblies. Opportunities to share work with others (peers and staff) Responsibilities (e.g. Jobs) Referral to Headteacher or another staff member to reinforce pro-social behaviours. Thanks to be given. Top table tickets.
Low Level (verbal reminder) Behaviour (Difficult)	Consequences to support
Lack of concentration/focus on work Ignoring/not following instructions first time Non-aggressive throwing of objects Invading the personal space of others Rough play: including, pushing, grabbing, pulling. Running/being noisy in the corridor Inappropriate use of equipment Dropping litter Interrupting adults or pupils Inappropriate undirected language Using equipment to tap or touch another person.	<ul> <li>Verbal reminder</li> <li>Responses should seek to de-escalate behaviour and encourage positive behaviour.</li> <li>Positive phrasing e.g. limiting choice, disempower the behaviour.</li> <li>Restorative/educational consequences e.g. time with an adult, intervention</li> <li>Language of now and next or first and then</li> <li>Clear, consistent instruction</li> <li>Referral to visual timetable</li> <li>Social Stones PSHE Lesson.</li> </ul>

#### Medium Level Behaviour (Difficult) Consequences to support Rough play where someone gets hurt: Reflect, repair, restore. Slapping, pinching, tripping, shoving in the back or pulling Discussion with pupil/pupils involved. someone to the floor. Consider teaching of how to deal with behaviour. Continual undirected inappropriate language Non-repetitive/repetitive Refusal to work. If intervention required, speak with SLT. Refusal to follow instruction/cooperate. Nurture support. Persistent invading of another person's personal space Social stories Persistent lack of effort Complete behaviour log- CPOMs Deliberately provoking others Restricted lunch/break time play in a supervised Deliberate unkindness to others area with alternative provision- physical break is Persistent interrupting adults or pupils still needed. Running out of classroom (remaining in a safe space) If necessary, plan intervention/teaching Monitor impact of teaching/intervention RMP/ PSP as needed- SLT to be aware. **High Level Behaviour (Dangerous) Consequences to support** Intentional vandalism causing damage to school or Reflect, repair, restore. children's property Spitting at someone. Discussion with pupil/pupils involved. Stealing Consider teaching of how to deal with behaviour. Persistent refusal to work. Non-repetitive/repetitive Persistent refusal to follow instructions. If intervention required, speak with SLT. Verbal threats and physically intimidating. Complete behaviour log Running outside classroom and compromising own or Restricted lunch/break time play in a supervised other's safety area with alternative provision. Aggressive behaviour towards children/adults e.g. Monitor impact of teaching/intervention pushing, pulling, hitting, pinching. External service involvement e.g. Boss, SEND. RMP when needed. Contact parents at decision of SLT. Suspension/Exclusion if deemed appropriate by the Headteacher. **Highest Level (Crisis)** Consequences to support Violent physical aggression causing personal injury: SLT informed immediately. intentional punching, kicking, head-butting, biting or Removal from the place the incident took placeslapping. or removal of other children if this is safer option-Directed verbal abuse towards an adult or pupil including safety to be prioritised. swearing, racist language, sexist language, homophobic Repair, reflect, restore discussed with an adult. (and other children where appropriate) Use of objects/weapons to intentionally hurt others An educational/protective consequence Bullying/persistent intimidation Parent/Carer notified.

Absconding from school premises

A behaviour log to be completed- CPOMs.

An internal/fixed term/permanent exclusion in

Referral or advice sought e.g. from Children's

line with guidance- at decision of HT

Services, PRT, BOSS, CAHMS

- Where behaviour is difficult there should be a clear line of communication: Support staff- class teacher- SLT- Headteacher
  - SLT/ HT should always be made aware of dangerous and crisis behaviours.
- Therapeutic Thinking graduated response to be followed (Appendix 1)
- Where there are more serious incidents of poor behaviour, e.g. Physical violence towards another child or member of staff a record of behaviour will be completed and entered or uploaded onto CPOMs. This details the incident and actions immediately taken and is submitted to the SLT for follow up action, which dependent upon the nature and severity of the incident may result in parents being informed and, if necessary and proportionate a fixed term exclusion in line with Lincolnshire County Council and DfE Exclusion Guidance (at the decision of the Headteacher)
- Where incidents of dangerous behaviour continue a Risk Management Plan RMP (Appendix 2) will be developed with parents and the Headteacher and will be shared with all adults who work with the child to provide support for difficult and dangerous behaviours. At this stage, a BOSS referral (Behaviour Outreach Support Service) may be considered and the SENDCo will then develop a Pastoral Support Plan (PSP) to support this.

#### **Risk Management Plans (RMP)**

For a few pupils, whose behavioural needs are exceptional, a Risk Management Plan (Appendix 3) may be required to formalise strategies for all staff so a consistent response to challenging or dangerous behaviour is given to the child. Typically, these plans will include specific forms of intervention to maintain a pupil's own safety and that of others, to ensure learning takes place for all. When completing an Individual Risk Management Plan the following will be considered: The triggers to:

- Anti-social behaviours
- Pro-Social behaviours
- Low anxiety behaviours
- High anxiety behaviours
- Crisis behaviours

Strategies to respond to these behaviours will be written in the plan and shared with staff to ensure a consistent response to de-escalate the behaviours, promoting pro-social behaviours. The plan will be reviewed every six weeks with parents/carers and the SLT.

A plan coordinator (SLT) will consider the following:

- Calculate the risk of dangerous behaviour towards themselves, peers, adults, or property.
- Identify a pupil's 'pro-social' behaviours and how these can be utilised to develop self-esteem and reduce anxiety.
- Identify 'difficult' behaviour and set out planned scripted responses to difficult behaviour.
- Identify 'harmful or dangerous' behaviour and set out planned scripts and responses to ensure the pupil is removed safely without harm to themselves or others.
- Involve parents/carers and learners to ensure all parties understand clearly the actions and expectations of the school and what specific action the school may take.
- Consider the age, understanding and competence of the individual learner.
- Outline the 'Reflect, repair and restore' phase.
- Base a plan on the basic premise that "positive experiences create positive feelings and positive feels create positive behaviour".
- Review the plan on a half termly basis, or sooner if further incidents occur.

Adults will always seek to de-escalate behaviour at each stage

#### **Learners with Special Educational Need or Disability**

We expect all learners to follow our expectations. However, this will be more difficult for some learners at certain times. Learners with an identified SEND particularly under the category of Social, Emotional, Mental Health (SEMH), may have personalised support and intervention set out in their Individual Risk Management Plan and/or their Provision Plan. Please see SEND Policy and SEND Information Report for further details.

#### Exclusion (see also LCC Exclusion and DfE Guidance) Suspension -

https://www.lincolnshire.gov.uk/school-attendance/school-exclusions

#### Suspension and permanent exclusion guidance September 2023 (publishing.service.gov.uk)

Fixed term exclusion may be used when a child's actions or behaviour endangers other individuals or property or challenges the authority of school staff. Endangering other individuals may include:

- Physically threatening, intimidating or actually hurting others
- Verbal abuse, name calling, racist abuse
- Persistent rough, inappropriate play which is unsafe
- · Bullying in any form

#### Endangering property may include:

- Deliberate damage of school equipment, including throwing items across the room, breaking windows, kicking or slamming doors
- Deliberate damage of the outdoor school environment

#### Challenging the authority of staff members:

- Refusing to follow class and school expectations
- Refusing to comply with instructions e.g. requests to leave the classroom
- Leaving the school premises without permission

Exclusion may also occur when a child persistently and deliberately disrupts the learning environment of the classroom, thereby preventing the teacher from teaching and other members of class from learning. Exclusion is never taken lightly or in the heat of the moment. It is the decision of the Headteacher and the relevant facts are fully investigated before a decision to exclude is taken.

#### The following steps are taken:

- i. The incident is investigated as soon as possible
- ii. The child/member(s) of staff are questioned for their point of view
- iii. Adult and children eye-witnesses are questioned and their account are considered
- iv. Injuries or damage to property are investigated
- v. The location of the incident is taken into consideration

#### **Permanent Exclusion**

Permanent exclusion may ensure if, in spite of the school's own support systems and external agencies, a pupil's behaviour continues to constitute a danger to other individuals or to challenge authority.

Reasons for permanent exclusions may include the following:

- · Physical assault on another pupil or adult
- Bullying
- Threatening behaviour
- · Defiance/challenging authority of the school staff
- · Deliberate damage to property
- Possession of an offensive weapon
- Theft
- Verbal abuse to other children/adults

In the case of persistent behavioural difficulties which lead to either fixed term or permanent exclusion, the advice of external support agencies will be sought. This may include the Specialist Teaching Team (STT)and Child and Adolescent Mental Health Services (CAMHS), Children's Social Care or the Behaviour Outreach Support Service (BOSS). In the case of both fixed term and permanent exclusion, the Local Authority's procedures relating to exclusion will be implemented.

#### **Physical Intervention**

At all times, staff at Donington Cowley Endowed Primary School should seek to de-escalate situations and where possible avoid physical intervention. However, we recognise that on rare occasions this may be necessary to ensure safety.

Physical Interventions will be used when all other strategies have failed, and therefore only as a last resort. However, there are other situations when physical management may be necessary, for example in a situation of clear danger or extreme urgency. Certain children may become distressed, agitated, and out of control, and need calming with a brief physical intervention for example offering an arm to guide, support or escort.

The safety and well-being of all staff and children are important considerations. Under certain conditions this duty must be an over-riding factor. We take the view that staff should not be expected to put themselves in danger. We value staff efforts to rectify what can be very difficult situations and in which they exercise their duty of care for the child.

The decision to intervene using physical intervention should be a professional judgement taken calmly and in full knowledge of the desired outcome. Though likely to be a last resort it should not be an act of desperation but a conscious decision to act in the child or other's best interest.

#### All staff are aware that:

- The application of physical intervention should be an act of care not of punishment or aggression and should not be used purely to force compliance with staff instructions when there is no immediate risk to the child or other individuals.
- Only the minimum of force necessary to prevent injury or to remove the risk of harm should be applied and, if used, this should be accompanied by calmly letting the child/young person know what they need to do to remove the need for restrictive physical intervention.
- As soon as it is safe to do so, the physical intervention should be gradually relaxed to allow the young person to gain self-control.
- Whenever possible, physical interventions should be used in a way that is sensitive to, and respects the cultural expectations of, children and service users and their attitudes towards physical contact.
- Physical intervention is not to be used simply to maintain or bolster good order in the classroom or other environment. It is expected that its use will be rare, in exceptional circumstances when a particular need arises. It should not become habitual or routine.

Physical interventions may be used to achieve different outcomes such as:

- To break away from dangerous or harmful physical contact
- To separate the person from the events triggering risk and/or challenging behaviour
- To protect the child or young person

#### Interventions may be

- **Proactive**, in which staff employ, where necessary, prearranged strategies and methods which are based upon a risk assessment and recorded in individual plans
- Reactive, which occur in response to unforeseen events
- Every use of physical intervention is to be reported the same day to the Headteacher or Designated Safeguarding Lead will ensure that the parent of the child is notified that day.
- In addition, the details of each use of physical intervention must be recorded on a behaviour log and uploaded onto CPOMs. The person leading the planned or unplanned intervention must complete this form. The head will review every use of physical intervention.

There are occasions when staff will have cause to have physical contact with children for a variety of reasons, for example:

- To comfort a child in distress (so long as this is appropriate to their age)
- To gently direct a child
- For curricular reasons (for example in PE, Drama etc)
- In an emergency to avert danger to the child or others
- In rare circumstances, when physical intervention is necessary

In all situations where, physical contact between staff and children takes place, staff must consider the following:

- The child's age and level of understanding
- The child's individual characteristics and history
- The location where the contact takes place (it should not take place in private without others present)

Physical contact is never made as a punishment, or to inflict pain. All forms of corporal punishment are prohibited. Physical contact will not be made with the participants neck, breasts, abdomen, genital area, other sensitive body parts, or to put pressure on joints. It will not become a habit between a member of staff and a particular child or young person.

#### Types of physical intervention:

- Closed mitten' should be used when making physical contact.
- A 'supportive hug' can be given where necessary to offer comfort and reassurance- A sideways stance should always be maintained, closed mitten used at each shoulder.
- A 'Supportive arm' can be offered to guide and escort-side to side and using closed mitten above the elbow. Intention should always be communicated.
- An 'Open mitten' may be used to guide, support or escort where there is resistance. At all times intention should be communicated, contact made above the elbow and safe shape maintained.

Where any of the above guides are used this will be logged on CPOMs.

#### **Team Teach**

Where there is serious risk to the safety of the child, other children, staff or members of the school community, Team Teach restraint strategies may be used to support the child. This form of physical intervention would only be used if deemed proportionate and necessary to ensure safety and prevent the dangerous behaviour which poses a serious risk to others. Only staff members who have completed Team Teach Level 2 training should use this intervention. This may be unplanned in the case of an emergency situation or planned within a child's Risk Management Plan. Any form of physical intervention where a restraint is used should be recorded in detail by staff members involved and those who witnessed the incident. Incident logs which will be monitored by the Headteacher and the Chair of Governors and shared with parents.

#### **Absconding**

Should a child abscond from the school premises, the school office will inform the police and parents. 2 staff members will follow at a safe distance where possible. A calm approach should be maintained to reduce 'panic' and the risk of injury to the child or adults. Staff will not chase unless there is an emergency. Team Teach strategies may be used to safely guide a child back to school where it is possible to do this safely. Where Team Teach restraints are used to ensure a child's safety this will be recorded on an incident log, monitored by the Headteacher, and parents will receive a copy of this record.

The key aims of this policy should be upheld at all times by all members of our school community.

Positive Relationships underpin the ethos of our school and all actions should therefore be supportive and restorative.

This policy has been written in line with Cambridgeshire Therapeutic Thinking.

Mrs S L Foston is a trained Therapeutic Thinking tutor for our School

This policy is written in accordance with School policies including: SEND policy
Mental Health policy
Anti-bullying policy
Safeguarding and Child Protection Policy
LCC Exclusion guidance

Signed: Signed:

(Chair of Governors) (Headteacher)

Date: Date:

Appendix 1 – Therapeutic Thinking Graduated Response

Appendix 2 – Risk Management Plan (RMP)

Appendix 1- Therapeutic Thinking Graduated Respons	<mark>e</mark>



### Therapeutic Thinking Graduated Response

<b>Univers</b> Behaviour Cur	Identify content of behaviour curriculum
<b>Targeted</b> Behaviour Pol	Policy reflects DfE guidance. Policy communicates agreed valued and detrimental behaviours and the agreed responses for the majority. Check if the identified behaviour is covered in policy. Follow the policy. Record the impact of policy on pupil's behaviour. Where policy is not progressing the behaviour of most children, review the policy. Where policy is not progressing the behaviour of an individual, implement further analysis and planning within Early Prognosis.
Targeted Plus Early Prognosis	<ul> <li>Describe the behaviour factually and unemotionally.</li> <li>Gather appropriate and authentic pupil voice.</li> <li>Gather information from all relevant parties, including multi-agency colleagues.</li> <li>Use the collated information to Assess, Plan, Do, Review.</li> <li>Consider involvement of multi-agency colleagues.</li> <li>Where further intervention is needed, move to the analysis and planning within Predict, Prevent &amp; Progress.</li> </ul>
Specialist Predict, Prevent & Progress	Review all information within Early Prognosis document.  Complete Risk Calculator.  Identify protective and educational consequences.  Complete Subconscious and Conscious checklists.  Complete Anxiety Analysis for relevant variables.  Use all analysis to create a Predict, Prevent & Progress plan.  Use the collated information to Assess, Plan, Do, Review.  Consider involvement of multi-agency colleagues.  Where further intervention is needed move to the analysis and planning within Therapeutic Plan.
Specialist Plus Therapeutic Plan	<ul> <li>Ensure all preceding analysis documents are reviewed.</li> <li>Complete the Therapeutic Tree for the individual pupil, including information from all the preceding analysis.</li> <li>Complete a detailed Therapeutic Plan to micromanage staff responses to identified behaviours.</li> <li>Use the collated information to Assess, Plan, Do, Review.</li> <li>Consider involvement of multi-agency colleagues.</li> <li>Consider group dynamic options.</li> <li>Involve multi-agency colleagues in a review of the effectiveness of meeting need.</li> </ul>

Therapeutic Thinking April 2024

Name	
DOB	
Date of assessment	

Harm/Behaviour	Opinion/ Evidenced	Conscious/ Subconscious	Seriousness of Harm A	Probability of Harm B	Severity Risk Score
	O/E	C/S	1/2/3/4	1/2/3/4	AxB
Harm to self					
Harm to peers					
Harm to staff					
Damage to property					
Harm from disruption					
Criminal offence					
Harm from absconding					

Seriousness	
1	Evidence of upset or disruption.
2	Evidence of needing support internally from school resources – e.g. first aid, nurture, budget allocation.
3	Evidence of needing intervention from external agencies outside of school resources – e.g. hospital, professional counselling or group work, insurance claim.
4	Evidence of harm that cannot be resolved e.g. disability, sectioned mental health, loss through arson.
Probability	
1	Yearly or less. No identified triggers remain. There is evidence of historical risk and no evidence of current risk.
2	Monthly or less. The risk is reducing but remains relevant, the context has changed to make a reoccurrence less likely.
3	Weekly or less. The risk of harm is more likely than not to occur again.
4	Daily or constantly. The risk of harm is persistent.

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TOTAL	

Risk reduction measures and differentiated measures (to respond to triggers)	ted measures (to respond to triggers)	
Pro-social/positive behaviour	Strategies to respond	
Anxiety/DIFFICULT behaviours	Strategies to respond	
Crisis/DANGEROUS behaviours	Strategies to respond	
Signature of plan co-ordinator		Date