



Physical Education Overview



Autumn				Spring				Summer				
EYFS												
	Fundamental Skills 1 (4-5)		Fundamental Skills 2 (4-5)		Fundamental Skills 3 (4-5)		Gymnastics		Dance (4-5) The Mouse and the Monster Minibeasts		Fundamental Skills 6 (4-5)	
KS1												
Year A	Fundamental Skills 1 <i>Move around and dodging</i> (5-6)	Fundamental Skills 2 <i>Jumping, hopping, skipping</i> (5-6)	Dance: Countries Weather Fairy Tales (5-6)		Gymnastics (5-6)	Pilates (5-6)	Fundamental Skills 3 <i>Jumping and landing</i> (5-6)	Fundamental Skills 4 <i>Throwing and catching, striking</i> (5-6)	Fundamental Skills 5 <i>reinforcement</i> (5-6)	Fundamental Skills 6 <i>reinforcement</i> (5-6)	Dance: Under the Sea The Enormous Crocodile (5-6)	Yoga (5-6)
Year B	Fundamental Skills 1 <i>Moving around</i> (6-7)	Fundamental Skills 2 <i>Skipping, balancing, throwing</i> (6-7)	Gymnastics (6-7)	Yoga (6-7)	Dance: Eco-Warriors Minibeasts Rainforest (6-7)		Fundamental Skills 3 <i>Physical literacy (o)</i> (6-7)	Pilates (6-7)	Cheerleading (6-7)	Dance: Construction Combat (6-7)	Fundamental Skills 4 <i>Physical literacy (o)</i> (6-7)	Fundamental Skills 5 <i>Bats and rackets</i> (6-7)
Lower KS2												
Year A	Invasion Games 1 (7-8)	Invasion Games 2 (7-8)	Dance: Cheer dance & Disco	Pilates (7-8)	Gymnastics (7-8)	Sport Taster Hockey	Swimming					
	Swimming						Sport Taster Football	OAA	Net and Wall 1 Tennis (8-9)	Net and Wall 2 Tennis (8-9)	Athletic Activities 1 (7-8)	Athletic Activities 2 (7-8)
Year B	Invasion Games 1 (8-9)	Invasion Games 2 (8-9)	Pilates (8-9)	Dance: Bollywood & Street jazz	Sport Taster Netball	Gymnastics (8-9)	Swimming					
	Swimming						OAA (8-9)	Sport Taster Tag Rugby	Striking and Fielding 1 (8-9)	Striking and Fielding 2 (8-9)	Athletic Activities 1 (8-9)	Athletic Activities 2 (8-9)
Upper KS2												
Year A	Invasion Games 1 (9-10)	Invasion Games 2 (9-10)	Pilates (9-10)	Sport Taster Tag Rugby	Gymnastics (9-10)	Dance: Hip hop	Creative Combat	OAA (9-10)	Sport Taster Football	Net and Wall 2 Tennis Refresher (9-10)	Athletic Activities 1 (9-10)	Athletic Activities 2 (9-10)
Year B	Invasion Games <i>LTA Primary Tennis</i>		Dance: Urban freestyle	Pilates (10-11)	Sport Taster Netball	Gymnastics (10-11)	OAA (10-11)	Sport Taster Hockey	Striking and Fielding 1 (10-11)	Striking and Fielding 2 (10-11)	Athletic Activities 1 (10-11)	Athletic Activities 2 (10-11)

Swimming to be in Lower Key Stage 2 (divided between how many classes in that year – whole class goes NOT year group)

Please take photographs and videos for evidence

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